

# **First Kicks Sports Ltd**

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### First Kicks Sports ASC descriptions

### Football

Kick off your afternoons with our thrilling after-school football program! Whether you're a beginner or an experienced player, our sessions are designed to boost your skills and teamwork in a fun, dynamic environment. With expert coaches and a lively atmosphere, you'll improve your game while forging new friendships. Don't miss your chance to shine on the field—sign up today and join the excitement!

### Karate

Unleash your inner warrior with our after-school karate program! Perfect for students of all levels, our classes focus on building discipline, confidence, and physical fitness. Under the guidance of skilled instructors, you'll master essential techniques and learn valuable life skills in a supportive setting. Embark on an empowering journey—register now and kickstart your karate adventure!

### Dodgeball

Get ready for non-stop fun with our after-school dodgeball program! Ideal for students of all ages and abilities, our sessions offer a high-energy mix of strategy, agility, and camaraderie. With enthusiastic coaches and action-packed games, you'll enjoy every moment while making new friends. Don't miss out on the thrill—sign up today and jump into the dodgeball frenzy!

### Basketball

Elevate your game with our after-school basketball program! Open to players of all skill levels, our sessions focus on enhancing your dribbling, shooting, and teamwork in a vibrant, supportive environment. Led by experienced coaches, you'll hone your abilities and make lasting friendships. Take your shot at greatness—register now and be part of the basketball excitement!

## Netball

Dive into the action with our after-school netball program! Suitable for students of all abilities, our sessions are designed to improve your passing, shooting, and team play in an exhilarating, friendly atmosphere. Guided by passionate coaches, you'll develop your skills and connect with new friends. Don't miss your chance to join the fun—sign up today and get ready to play netball like never before!

Website: www.firstkickssports.co.uk

https://www.instagram.com/firstkickssports/