

An aerial photograph of Bawdsey Manor, a large, ornate red-brick building with multiple towers and turrets, situated on a hillside overlooking the sea. The sun is low on the horizon, creating a warm, golden glow over the entire scene. The sea is visible on the right, with the sun's reflection shimmering on the water. The foreground is filled with lush green trees and a well-maintained lawn.

School Journey 2025

Bawdsey Manor, Suffolk



Dates –

Friday 19th September –

Monday 22nd September

Accompanying staff –

Mr Biss, Mrs Habibullah, Miss Blackstock,

Mrs Eden, Mrs Samaras, Mrs Sancar, Mrs

Ostanowka.

Itinerary for outward journey

- Children should arrive at school at 11.30am on Friday 19th September.
- They should sign in and drop their luggage off to the desk inside the small hall. Any medications should be given to Mrs Eden.
- Children will have a normal school lunch for that day (please book).
- Children will then go to class before the group loads the coaches.
- We plan to start loading the coach at 1.40pm and depart soon after that.
- The journey is expected to take around 2hrs and 20 minutes and we aim to arrive at the centre for around 4.30pm.
- Mrs Husband will notify parents by email once we have arrived.

Itinerary for return journey

- On the day of departure, we still have activities scheduled for the morning.
- Children will have lunch on site before departure.
- We will depart at around 2.00pm.
- The journey is expected to take around 2hrs and 20 minutes and we aim to arrive back at school for 4.30pm.
- We will maintain good contact with the school for updates about our journey home.
- On Tuesday 23rd, an exception for children at PGL will be made so that they can come to school at 12.00pm if you want them to. Please inform the office via Arbor and they will mark them as authorised. Please remember to book their lunch online as well.

Accommodation

- Children will stay in blocks, in indoor rooms, with up to 4 - 8 children in each dormitory.
- Children have completed a note to indicate 3 friends that they would be happy to share a room with. From this, rooms will be compiled with the aim of ensuring each child shares a room with at least one person on their list.
- Teachers will stay in attached rooms.
- On-site security is in place for 24 hours. The site is enclosed
- The children are provided with three substantial cooked meals a day
- There are large halls for evening activities



- Meals are freshly prepared, balanced and will give pupils plenty of energy to keep them going throughout the day.
- A mix of hot and cold meals with vegetarian options
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for - [see our Teacher Guide](#)
- Support for fussy eaters - [see our Parent Guide](#)

Activities

Each day there will be activities. The children will be in groups of 11 and receive instruction from fully qualified instructors on site. Each group will have a Firs Farm adult in attendance.

During some activities, children may go around the site in small groups of three or four, with adults stationed at key areas.

No specialised clothes needed but some activities specify long socks, long sleeves etc. as shown in the clothing list – the PGL centre provides all necessary safety equipment.

Daytime Activities – Archery, Giant Swing, Survival Bush-craft, Zip Wire, Sensory Trail, Abseiling, Problem Solving, Climbing, Fencing and a Coastal Walk.

Evening Activities – PGL Tournament, Passport to the World and Campfire





Bawdsey Manor

Centre Map



A typical timetable

	Friday	Saturday	Sunday	Monday
07.00-09.00		Breakfast	Breakfast	Breakfast
09.00-10.30		Kayaking	Climbing	Sensory Trail
10.30-12.00		Kayaking	Rifle Shooting	Giant Swing
12.00-14.00		Lunch and free time	Lunch and free time	Lunch
14.00-15.30		All Aboard	Trapeze	Depart centre
15.30-17.00	Arrive and unpack	Fencing	High Ropes Course	
17.00-19.00	Dinner	Dinner	Dinner	
19.00-21.00	Passport to the World	Robot Wars	Disco	

What to pack:

- A suggested list has been emailed previously
- Please pack at least one pair of longer socks (over the ankle)
- Please also pack at least one pair of tracksuit bottoms/ trousers without zips and chains.
- Waterproof coat (and trousers?). If warm coat is not waterproof, please provide a raincoat which fits over the top.
- Warm clothes – layers
- A hat, gloves and scarf
- Lip balm/ Vaseline – essential; lips can get chapped
- Bath towel and toiletries
- No need for a sleeping bag

What to pack:

- A small battery operated alarm clock per room
- A small torch
- No hair straighteners please. Hair dryers are permitted
- A bottle which they can fill with water to carry round
- A string bag or small rucksack
- Activities for room time e.g. card games, small board games, books, puzzles, pens and paper.

What to pack:

- Use the kit list as a guide to the type of clothes required. In poor weather, the activities usually continue, so warm and waterproof clothes are important. Many activities need long sleeves and long trousers.
- Children will need to carry a bag with water (possibly a woolly hat, and gloves or sun-cream!) for all activities and trips
- Please remember that the programmes involve activities and good, expensive clothes are NOT required. They can get very muddy.
- Luggage space is restricted so each person should only bring one suitcase or holdall and a bag for their lunch. The children need to carry their own case over a short distance to and from the coach.

Valuables

- Please ensure your child leaves any jewellery at home. For safety reasons they are not permitted to wear any jewellery items during the activities.
- No mobile phones or other electronic gadgets. It is not safe for children to have these with them. Please make sure your child leaves phones and tablets at home. **If your child is discovered with a mobile phone, you will be asked to collect them within 12 hours.**
- Children are allowed to bring a camera that has no other connectivity (please make sure they are charged) or a disposable camera. They should be clearly labelled and will only be used for during the daytime – they will be given to group leaders overnight.
- Bring a book!

A typical Day

Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	Discos, campfires, quizzes and more - our evening entertainment programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!

Health and Safety

- In school there has been a structured behaviour system – children start on Green and you will be told if they move to Amber or Red. Once on Red, if behaviour does not improve, your child will not be permitted to come on the trip. This also applies if your child were to have a fixed term exclusion.
- Safety is of paramount importance. We cannot allow anyone's safety to be compromised by inappropriate and dangerous behaviours.
- Please speak to your children before the trip about the importance of this.
- If a child's behaviour is unacceptable, you will be asked to collect your child within 12 hours.

Contact

In the event you need to contact us urgently, please use these numbers:

School Contact Number:

SCHOOL HOURS – 020 8807 4292

OTHER TIMES – 01394 412 375 (site number)

- Site address: **PGL Bawdsey Manor, Bawdsey, Woodbridge, Suffolk, IP12 3BH**
- In the event that we need to contact you urgently, we will telephone Mrs Husband, who will then phone you.

Medical Needs

- If your child requires medication – bring it in on Friday 19th September clearly labelled. You will be required to fill in a form with dosage and times. This includes travel sickness medication.
- Please ensure all medication is given to Mrs Eden – e.g. Inhalers, eczema creams, tablets etc. This is for safety reasons.
- Mrs Eden will be available on Thursday 18th September from 9 – 10.00am if you wish to discuss any medical issues.
- Please remember - No nuts or nut products in snacks!
- Please make sure you contact us if your child might sleep-walk, bed wet, is likely to have a period or if there is anything else it would be useful for us to be aware of.



Pocket Money

- The children are allowed to bring £10 to spend during the weekend.
- This should be brought into school in a named envelope in the week preceding the trip, where it will be kept in the safe until departure.
- They can spend this money in the PGL shop. They will be advised to spend their money on souvenirs and gifts for family - there will be a limit to how much they can spend on sweets.
- Children will be responsible for looking after their own money after the shop visit.



Questions

Please do not hesitate to contact me at any time before we go if you have any questions, concerns or if you need to inform me of any important information regarding your child.